

THE BIG STONE GAP POST.

WEDNESDAY, FEB. 1, 1911.

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GILBERT N. KNIGHT, - Editor.

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attention to this request will  
save all parties a great deal of  
annoyance.

LETTER TO THE EDITOR.

Editor Post:

The Virginia Tennessee Tele-  
phone Company has done a lot  
of work lately in improving the  
service of the 'phone system in  
this vicinity, but there is much  
to do yet to make it satisfac-  
tory and effective. The answer  
comes entirely too often between  
Big Stone Gap, Norton and  
Wise, "the line is busy." There  
should be more lines strung or  
the multiple 'phone system in-  
stalled. Again, there is not an  
adequate long distance system  
between the coal fields and  
Bristol, Abingdon, Johnson  
City and other towns.

A direct line should be con-  
structed from Big Stone Gap to  
Gate City, connecting with the  
copper line from Gate City to  
Bristol. Numerous long dis-  
tance messages are not sent  
from Big Stone Gap to Bristol  
and adjoining railroad towns  
and vice versa, because of the  
uncertainty of connections and  
delay in getting parties. We  
do not write in any carping or  
complaining spirit, for, as we  
say, the company has done  
much recently to improve the  
service, but we do not want  
them to "weary in well doing."

Improved service means more  
'phones and increased tolls. We  
believe that a direct connection  
from Big Stone Gap to Bristol  
will pay for itself in less than  
two years. Get busy, Mr. Phone  
Man, and let us have this, and  
more lines in the county service.

PATRON.

GOOD FOR WISE.

Congratulations to the great  
county of Wise on the prompt  
and successful placing of her  
\$700,000 bond issue for good  
roads. Very few counties any-  
where in this country have  
people with the nerve to vote  
such an amount for such a pur-  
pose. Also very few counties  
could borrow such a sum on  
such good terms.

It is particularly pleasing  
that the transaction is financed  
by Virginia people at the cap-  
ital of our own State and that  
their bid was higher than that  
of any of the Western cities.  
Aside from all other considera-  
tions, nothing else will bring  
the different parts of the State  
together so fast and so thor-  
oughly as intimate business  
relations and evidences of mu-  
tual confidence and knowledge.  
--Roanoke Times.

What are you doing for your  
town? If you have no confidence  
in the growth and importance  
of the town and country in  
which you live, how on earth  
do you expect other people to  
move among you and cause the  
country to develop and grow  
for your benefit?

No county in the State pos-  
sesses finer natural scenery  
than Wise county. When the  
good roads are completed tour-  
ists will be attracted by the  
hundreds.

School Notes.

We are glad to note that Mrs.  
Nesbit and Miss Saunders are  
both improving rapidly, and  
will soon be able to resume  
work.

Grade IV had a half-holi-  
day Thursday, that the pupils  
might attend the funeral ser-  
vices of one of their number,  
little John Bryant, who died  
Wednesday of typhoid.

A small but appreciative  
audience greeted Edward Brigh-  
am at the school hall Tuesday  
night, and found the entertain-  
ment to be of the highest order.  
True, Mr. Brigham's selections  
from grand opera, showing the  
marvellous range of his won-  
derful voice, were rather beyond  
the appreciative comprehension  
of the average audience, but  
oh, how we did enjoy "My Old  
Kentucky Home" and "Rocked  
in the Cradle of the Deep!" Of  
Mr. Brigham's recitations, all  
of which were enthusiastically  
applauded, none met with the  
reception that an almost breath-  
lessly attentive audience gave  
to his beautiful rendition of an  
old ballad called "The Soul of  
Judas Iscariot," which alone  
was worth the price of admis-  
sion.

Ella Cawood, of Grade VI,  
has appendicitis at her home  
near the furnace.

The all-engrossing subject  
among the pupils last week at  
school was, "Shall I be exempted  
from examinations?"

The little compositions pub-  
lished last week were read with  
so much interest by friends of  
the school that we publish an-  
other excellent paper this week  
by a little girl in the fifth  
grade, the daughter of Rev. J.  
W. W. Shuler, pastor of the M.  
E. Church, South, of this place.

General Robert Edward Lee.

By ELLIS SHULER, Fifth Grade.  
Robert E. Lee was born in Westmore  
land County, Virginia, on January 19,  
1807. When he was a boy his father  
died, leaving him to the care of his  
mother. When he was not at school, he  
spent his time with his mother. When  
eighteen, Lee was appointed as a cadet  
to the United States Military Academy at  
West Point, and after four years he graduated  
second in a class of forty-six, and became  
a second lieutenant in the corps of engineers.  
He married Miss Mary Custis in 1831,  
and they lived in their beautiful  
home, Arlington. Lee was General in the  
Confederate Army in the Civil War.  
After the war, Lee retired to private  
life, but soon after was elected as presi-  
dent of Washington and Lee University.  
For five years he held this position. He  
died October 12, 1870, and was buried  
in the chapel at Washington and Lee Uni-  
versity. Lee was conscientious and faith-  
ful, and duty was his watchword. In  
his childhood and Lee University, there  
is a beautiful statue erected to his memory,  
and there is also a magnificent one at  
Richmond.

The Dinner Hour.

In this day and time, I suppose, that  
"dinner hour" would be a misnomer for the  
latter. I wish to discuss with you for a  
minute, however, if it matters not to us,  
whether you call it "dinner hour," "lunch  
hour," "big recess," or something else,  
just so you take to heart our advice along  
this line, and get thoroughly in sympathy  
with our plans.

Several of my patrons having asked me  
a few questions in regard to our regula-  
tions governing this hour, I feel that it  
might be of some benefit to all concerned,  
to make a brief explanation.

Before stating our regulations, I wish  
first to say, that we believe in the "con-  
tinuous session" of school, this reserving  
as much of the afternoon as is practicable  
for the teachers and pupils to attend to  
their classes. In case of music, pupils, put  
in their practice; the athletic pupils take  
exercise and practice their games; and the  
pupils and teachers as a whole can gen-  
erally get in some of their best study on  
the next days work before the night  
comes on. The old time school day, from  
8 o'clock to 4 o'clock, is past.

Now, I am aware of the fact that many  
very plausible things can be said, and  
have been said in favor of the continuous  
session, from other view points. But the  
10 or 15 minutes "lunch period," which  
most of our continuous session advocates  
think must, of necessity, go along with  
it, I think is absurd. The hygienic and  
health argument for this particular time  
limit of 15 minutes, for a lunch, and a  
later dinner hour at 2:40 or 2:50 p. m., I  
see nothing at all in. A pupil after work-  
ing steadily for three full hours needs  
longer time than 15 minutes to walk  
around and get fresh air in to say nothing  
of anything else. Besides, the contin-  
uous session for many things along miscel-  
laneous lines, which are pertaining to school  
life and work, and to say that 15 min-  
utes is sufficient for all things, and to  
"swallow a lunch" besides, is beyond absurdity.

Common sense tells us that we should  
not, the very next minute after "swallow-  
ing" lunch, go right back to hard  
work for another hour or more.  
"Well," someone says, "what is the  
difference, if he does not go back to  
study, he will go out and run after eating  
it, and that is just as bad." I beg to dif-  
fer here. Let us endeavor to get our  
pupils to take 15 or 20 minutes for eat-  
ing their lunches, and I think that is possible,  
then if they wish to walk around, or even  
play, let them do so. Such play as we  
see around the playground is not of a  
violent nature by any means, and I do  
not believe it will, all along with the good  
fresh air gotten, interfere with their dis-  
gestion at all. But for humanity sake do

not put him quietly back on the old task  
within a quarter of an hour's time.

Yes, we believe in the continuous ses-  
sion, and we have it in our school; but  
our continuous session calls for 50 min-  
utes for "dinner hour," and I am sorry to  
say we cannot make it one even hour,  
not for the sake of accommodating all of  
the people, (as much as we would like to  
do it), for that would be impossible with  
two hours even, but because it is reason-  
able, and good health demands it.

We open school at 8:45 a. m., the Pri-  
mary Grades have 15 minutes for rest-  
ation at 11:00 a. m.; the whole school has  
50 minutes at 12:20 p. m.; the afternoon  
session runs from 1:10 to 2:25 p. m. Un-  
der the existing conditions this is the very  
best arrangement we could make. Now,  
what are our regulations in regard to this  
50 minute "dinner hour?"

I. Pupils who live near enough to  
the school to go home, eat their lunches,  
and return in due time for the assembly,  
may be placed on the "dinner list," a  
"D" is placed after their names in the  
daily register, or in a special book for  
such purposes.

II. Pupils who repeatedly get tardy  
on returning from dinner, or in our esti-  
mation, to go home and get a lunch causes  
to much rush, we will not allow such pup-  
ils to remain on said list.

III. In order that no pupil may be  
deprived of his lunch, and at the same  
time not suffer restlessness at the noon  
hour, the maximum time a pupil has to  
remain in at this hour is 20 minutes.  
This 20 minutes may be repeated only as  
many days as is necessary to pay off the  
penalties given.

IV. In case a pupil on the "dinner  
list" needs a penalty such as, "stay in  
with me until your lunch is eaten," or  
with him on that day, said pupil is allow-  
ed to go home and get his lunch; but on  
the next day, and for as long a time as is  
necessary afterwards he must bring his  
lunch until all penalties have been served.  
In case of failure to bring lunch on the  
next day, the pupil remains in school, just  
the same, without his lunch for that day.

I think that you all well agree with us  
that we are trying to give the pupils a  
fair deal and just treatment along this  
line, as well as along every other line.  
It is very true that the "dinner list" is  
not altogether satisfactory for many rea-  
sons. Still, a good warm lunch eaten at  
home, if the pupils do not have to rush  
too much to get it, is far better than one  
prepared in the early morning.

Parents themselves, should use their  
own judgment along here in regard to  
whether or not their child should be con-  
sidered on the "dinner list." If necessary,  
advise taking him off, then give him a  
good substantial lunch to take along with  
him, and the problem will be solved.  
"But," says some mother, "that is so  
much trouble, I would rather for my  
children to run home than have to bother  
me with the dinner list." Well, in my esti-  
mation that shows very poor spirit, for  
what parent is there who has the proper  
love for her children will not be willing  
to go to this extra trouble for the sake of  
her children's health and future welfare?  
People with children must expect some  
trouble, and they should cheerfully re-  
spond to their duty.

This "dinner list" should be well regu-  
lated, which is our earnest aim, allowing  
only those pupils to go to their homes,  
who can do so with comparative ease. The  
walk backwards and forwards, would do  
their good under these conditions, and  
would not be an impediment to their diges-  
tion. The middle of the day, which I  
mentioned before, such as that which  
is engaged in on the playground, after  
their lunch has been eaten.

Another more serious problem yet in  
regard to lunches, applying to both, to some  
of the "dinner list" and to others, in the  
remainder of the school, is the question  
of money. Well, in my opinion, if a  
pupil from home, or requiring them each  
day to come home to lunch, they will  
give their children money with which to  
buy lunches at the stores or bakery  
shops. Such money is generally spent in  
purchasing candy, or some unwhole-  
some article, often exposed to dust and  
germs. Such things as candy and pickles  
are not nourishing, and is therefore unfit  
for a child's lunch.

As good mental and moral growth is  
largely dependent upon good physical  
condition, it becomes our duty to look  
very carefully after the bodies of our  
children. They should have some sub-  
stantial and nourishing, such as eggs,  
buttered bread, meat sandwiches or good  
fruit. This the mother should feel is her  
duty and privilege to prepare at home,  
thoroughly knowing its quality.

Very often children are sent to me,  
who are complaining of pains in their  
heads or stomachs, to ask leave to go  
home. As this occurs more frequently  
after lunch time than before, I am forced  
to believe that much of this trouble is  
traceable to the improper lunches.

Teachers, are just as busy as we  
possess, and at such times, still, there  
is not a teacher in our school who  
does not in their power to make their  
pupils physically comfortable while at  
school. And we earnestly ask your co-  
operation in the matter of providing good  
lunches for them. Further, will you not  
assist us in every way, in so far as you  
are able, to make this "dinner hour" a  
real success. H. H. YOUNG.

OBITUARY.

Johnnie Bryant, the eldest son of Mr.  
and Mrs. R. H. Bryant, was born in Men-  
dota, Washington county, Va., January  
4, 1896, and died at his father's home in  
Big Stone Gap, Va., January 25, 1911,  
aged 15 years and 21 days.

He was a bright, dutiful boy, who was  
ever kind and ready to assist his parents  
or friends in any way that he could. He  
was not large for his age, but was making  
good progress in his studies in the Fourth  
grade of our splendid school. His teacher,  
Miss Cecil, with her entire Grade, at-  
tended the funeral, and it was affecting  
to see his teacher and classmates stand  
around his casket with tear-dimmed eyes  
and hearts full of sympathy for the  
stricken family. Some two years before  
his death he went to the altar in the  
Methodist Episcopal Church, South, and  
gave his young heart to Jesus, as was be-  
lieved by those present. He was a mem-  
ber of the Sunday school of this church,  
and attended a Christmas tree there on  
Friday evening before Christmas, which  
was his last trip to any place. On Christ-  
mas eve, when all hearts were full of  
cheer, Johnnie felt creeping upon him the

On the Bargain List:

Lace Curtains, White Quilts,  
Muslin Underwear, House Dresses,  
Ladies' Suits and Coats, Misses' Coats and Capes,  
Men's and Boys' Overcoats, Children's Coats and Capes.

While our present stock lasts we will close the above lines  
at reduced prices.

FORD & McCONNELL,  
APPALACHIA, VIRGINIA.

dread fever, which, despite the skill of a  
splendid physician and the tender care of  
a loving mother, took him to that home  
where disease has no power to harm. One  
is made to wonder why a young life, full  
of hope and promise, is thus suddenly  
brought to a close. But if we could see  
beyond the curtain, we would doubtless  
see larger fields of usefulness, richer  
treasures and more resplendent joys.

We laid his body to rest in the beau-  
tiful Glencoe cemetery beside the Powell  
river, whose clear waters, as they "mur-  
mur by," shall sweeten his sleep till  
he shall awake by the River of Life in a  
scene more fair.

May a Kind Heavenly Father deal  
gently with those left behind.

J. W. W. SHULER.

Civic League Column

EDITED BY THE LEAGUE.

Meetings, First Friday of Each Month.

Next general meeting Friday,  
February 3d, in the court room  
at 3:30 o'clock.

The League greatly appreci-  
ated the compliment paid it by  
the president of the Board of  
Trade in his annual report to  
that body, and takes this means  
to express its hearty thanks.  
For the benefit of those who  
may not have seen the article  
referred to, we quote:

"The Board desires to recog-  
nize and commend in the high-  
est degree the very efficient  
work of the Ladies' Civic  
League in securing clean  
streets, making the parks and  
waste places neat and slightly,  
providing garbage cans and  
generally promoting cleanli-  
ness, neatness, civic pride and a  
regard for sanitation in all the  
homes in the town."

The next number of our Al-  
kalest Lycium Course will be  
the Fisher Shipp Concert Co.,  
to appear the night of February  
13. The company is made up  
of Miss Fisher Shipp, soprano  
soloist and dramatic reader, of  
whom it is said that she sings  
with splendid power and beauty  
and reads with captivating ease  
a repertoire of great variety.

Etta Goode Heacock, whose  
beautiful rich contralto voice,  
of which she has perfect con-  
trol, makes her a great favorite  
at musical festivals, cantatas  
etc.

Miss Georgia Erwin, violinist  
and harpist, a charming South-  
ern girl, whose playing on each  
of these popular instruments is  
of the expressive soulful type  
appeals most to the general  
public.

Mr. Lloyd A. Loar, soloist on  
the mandolin and mando-viola  
and piano accompanist, is a  
thoroughgoing musician. He  
was two years leader of the  
Oberlin Mandolin Club; has had  
three full Lycium seasons, and  
played in most of the best va-  
udeville theaters in the South  
and West. The mando-viola is  
an instrument of his own in-  
vention, combining the best  
features of the mandolin and  
viola.

New Orleans and San Fran-  
cisco are pulling each others  
hair out by the handfuls trying  
to grab the great Panama Ex-  
position, which will be held in  
1915, when the canal will be  
opened to the world's commerce.

San Francisco is trying to con-  
vince Congress of the import-  
ance of the large fund she has  
raised for the affair, and is also  
calling attention to the beau-  
tiful scenery through which pas-  
sengers will pass en route to the  
exposition. New Orleans claims  
to be "the only logical point,"  
and claims that it was Californ-  
ians that fought the canal  
measure most viciously during  
the twenty years that Congress  
was discussing the measure.

OFFICIAL CHANGES  
IN THE V. & S. W.

Washington, D. C., Jan. 30 —  
President Finley, of the South-  
ern Railway Co. and the Vir-  
ginia & Southwestern Railway  
Co., today announced the fol-  
lowing appointments of officers  
of the Virginia & Southwestern  
Railway Co., viz: E. H. Coop-  
man, General Manager, with  
office at Washington, D. C.; G.  
W. Taylor, General Superin-  
tendent of Transportation, with  
office at Washington, D. C.; A.  
Stewart, General Superintendent  
of Motive Power and Equip-  
ment, with office at Washing-  
ton, D. C.; D. W. Lum, Chief  
Engineer Maintenance of Way,  
with office at Washington, D.  
C.; G. R. Loyall, General  
Superintendent, with office at  
Knoxville, Tenn., and J. H.  
McCue, General Agent, with  
office at Bristol, Va. Tenn. All  
these appointments are to be  
effective February 1, 1911.

Mr. McCue is to have juris-  
diction of all matters relating  
to traffic and is to have direct  
responsibility for all matters  
relating to the industrial and  
agricultural development of the  
territory traversed by the lines  
of the Virginia & Southwestern  
Railway. He is also to perform  
such other duties as may be  
assigned to him by the president  
or vice president of the com-  
pany. Mr. McCue is also ap-  
pointed General Agent of the  
Southern Railway Company at  
Bristol, and, as such, will per-  
form such duties as may be  
assigned to him by the president  
or any vice president of the  
Southern Railway Co.

In making this announcement  
President Finley said: "The  
appointment of the above-  
named operating officials to the  
same positions on the Virginia  
& Southwestern Railway that  
they hold on the Southern  
Railway is not made because  
of any dissatisfaction with the  
work of the officers, who have  
heretofore been in charge of the  
operation of the Virginia and  
Southwestern Railway, but the  
extension of their jurisdiction  
over the Virginia & Southwest-  
ern is made desirable because  
of its very close operating re-  
lations with the Southern Rail-  
way and because the coal mined  
on the Virginia & Southwestern  
is so largely marketed within  
the territory of the Southern  
Railway, thus making continu-  
ous jurisdiction over operation  
and the movement of trains  
essential to the most effective  
service. It has further been  
found to be necessary, on ac-  
count of the great importance  
and growth of the territory,  
to have an officer directly in  
charge of the industrial and  
agricultural development work  
of the Virginia & Southwestern  
Railway in that territory, and  
Mr. McCue's long association  
with the company and famili-  
arity with the territory peculiarly  
fit him for this important  
work."

STOP! LOOK! LISTEN!

A great innovation in news-  
paper enterprise! A complete  
novel free! This is the offer of  
the New York Sunday World.  
Beginning Sunday, February  
19, and every Sunday thereaf-  
ter, a complete detective story,  
in booklet form, will be given  
free. A second Sherlock Holmes  
Simply great. It will be neces-  
sary to order from dealer in  
advance.

CASTORIA  
For Infants and Children.

The Kind You Have Always Bought  
Bears the  
Signature of J. C. Fletcher

THIRD SCHOOL  
LYCEUM NUMBER

Bruce Amsbury, lecturer, hu-  
morist and author of a success-  
ful book of verse, dealing with  
Illinois French-Canadian life,  
will be in Big Stone Gap on  
Friday night, February 3rd, at  
the school auditorium. Mr.  
Amsbury is a wonderful in-  
terpreter of dialect literature.  
His French Canadian, his Kip-  
pling and his Riley are said to be  
particularly delightful.

Come out and hear him next  
Friday night. It will do you  
good.

ACCIDENTS.

While riding on the steps of  
a passenger train at Appalachia  
last night, a young man by the  
name of Leford Fell and got  
his right arm cut off.

On Monday, at Imboden, a  
brakeman by the name of Rus-  
sell, of Greenville, Tenn., fell  
between two cars, and both of  
his legs were cut off.

Josh Beama, has received  
the contract to erect a wire  
fence around John Fox's  
beautiful Poplar Hill property.

NOTICE.

In the United States District Court for  
the Western District of Virginia.

In the matter of T. J. Palmer, Bankrupt.

Notice of sale of 4 room dwelling at  
Spers Ferry, Va.

Pursuant to an order entered in the  
above matter on the 23rd day of January,  
1911, by the Hon. D. F. Bailey, Referee  
in Bankruptcy, the undersigned Trustee  
in Bankruptcy in the above matter, will  
on Tuesday, February 28, 1911, on the  
premises at Spers Ferry, Va., sell to  
the highest bidder a four roomed dwell-  
ing house situated on the lands of W. E.  
Price, for one-third cash on day of sale,  
and on the balance a credit of six and  
twelve months will be given, the pur-  
chaser giving notes with good security,  
bearing interest from the day of sale,  
negotiable and payable at the Dominion  
National Bank, of Bristol, Va.

N. B. The purchaser may pay all cash  
on day of sale, if so desired.

Respectfully,  
W. S. MATTHEWS,  
Trustee in Bankruptcy  
for T. J. Palmer,  
Bankrupt.

NOTICE.

In the United States District Court for  
the Western District of Virginia.

In the matter of T. J. Palmer, Bankrupt.

Notice of the sale of store lease, and  
stock of merchandise.

Pursuant to an order entered on the  
23rd day of January, 1911, by the Hon.  
D. F. Bailey, Referee, in the above mat-  
ter, the undersigned Trustee in Bank-  
ruptcy, will, on Monday, the 27th  
day of February, 1911, on the prem-  
ises in the town of Appalachia, Vir-  
ginia, sell at public outcry "An un-  
divided one-half interest in the use of  
the store building situated on lots 7 and 8  
of Block 11, Keystone Coal & Iron Co.'s  
Plant No. 1 of the said town, for the period  
of five years from the first day of March,  
1910."

TERMS OF SALE.

For cash in hand on the day of sale,  
one-third of the amount of the purchase  
price bid, and on the balance a credit  
of six and twelve months will be given,  
the purchaser giving notes with good security,  
bearing interest from the day of sale,  
negotiable and payable at the Dominion  
National Bank, of Bristol, Va.

N. B. The purchaser may pay all cash  
if he so desires.

2nd. On the same day and at the same  
place, I will also sell for cash in hand on  
day of sale, all that stock of goods, wares  
and merchandise, furniture and fixtures  
in the store building above mentioned.

BIDS SOLICITED

Prior to the day of sale I am authorized  
and directed to solicit bids on the said  
stock of goods, either as a whole or in job  
lots, on which the following terms will be  
given, to wit: One-third cash, the balance  
on a credit of six and twelve months, the  
purchaser giving notes bearing interest  
from day of sale with good security,  
negotiable and payable at the Dominion  
National Bank, of Bristol, Va.

Send your bids to the undersigned at  
Big Stone Gap, Va.  
Respectfully submitted,  
W. S. MATTHEWS,  
Trustee in Bankruptcy  
for T. J. Palmer,  
Bankrupt.